

# LUMBERTON MIDDLE SCHOOL

## SEPTEMBER 2019 ~ BREAKFAST MENU



### EVERYDAY CHOICES

- Benefit Bar*
- Muffin w/GC*
- Cereal w/GC*
- Nutri Grain Bar w/GC*
- Bagel w/Cream Cheese or Butter*

\*GC- Graham Crackers\*

Reduced .30

Paid \$1.75

Adult \$2.25

### INCLUDED WITH YOUR MEAL

Fresh Fruit or Fruit Cup and Choice of 1% or Skim Milk



9/2 <i>LABOR DAY NO SCHOOL</i>	9/3 <i>SCHOOL CLOSED</i>	9/4 <i>SCHOOL CLOSED</i>	9/5 <i>Blueberry Parfait</i>	9/6 <i>PopTarts</i>
9/9 <i>Donuts</i>	9/10 <i>Waffles</i>	9/11 <i>Egg &amp; Cheese Bagel</i>	9/12 <i>French Toast</i>	9/13 <i>Sausage, Egg &amp; Cheese Muffin</i>
9/16 <i>PopTarts</i>	9/17 <i>Filled Crescent</i>	9/18 <i>Chicken &amp; Biscuit</i>	9/19 <i>Confetti Pancakes</i>	9/20 <i>Bacon, Egg &amp; Cheese Bagel</i>
9/23 <i>Donuts</i>	9/24 <i>Waffles</i>	9/25 <i>Egg &amp; Cheese Muffin</i>	9/26 <i>French Toast</i>	9/27 <i>Chicken &amp; Biscuit</i>
9/30 <i>PopTarts</i>				

### BREAKFAST OR LUNCH QUESTIONS??

Please contact Leah Koveloski  
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